

Newbury Park High School "Home of the Panthers"



https://nphsathletics.org

Information for Participation in Athletics and Co-Curricular Activities

Athletic Forms

Every student participating in Athletics or a Co-Curricular Activity must create an account at <u>athleticclearance.com</u> and complete the online digital forms before participating. You must take the official CVUSD physical form to the doctor for the exam. Download the form and instructions: https://nphsathletics.org/athletic-clearance/.

The physical/sports clearance exam is valid for 12 months from date of exam.

- Students are <u>not eligible</u> to tryout, practice, or participate in any sport/activity until all digital forms are completed, the physical and proof of medical insurance is uploaded to AthleticClearance.com and the athlete is cleared.
- The Athletic Office will not fax or email forms to/from parents or doctors.

Eligibility

Students must maintain a 2.0 GPA and be passing 20 semester credits to be eligible to participate in Athletics or a Co-Curricular Activity. Initial eligibility is based on the grading period immediately before the season of sport. Fall eligibility is based upon the end-of-the-year report card (June 2021). Eligibility will be reviewed at each grading period.

Transportation

Athletes are expected to ride the team bus to and from <u>all</u> athletic events. NPHS Athletics is requesting parent contributions to defray the significant transportation costs for athletics and activities we encumber over the course of a season. Payments can be made online through the <u>NPHS Student Store</u>. There are 3 amounts to choose from in the drop-down menu. However, checks for any amount can be tendered to the NPHS Athletic Office, listing the student's name and sport/activity. Suggested amounts are:

Participation in 1st sport/activity of the school year: \$124.00
Participation in 2nd sport/activity of the school year (additional): \$71.00
Participation in 3rd sport/activity of the school year (additional): \$55.00

Season of Sport/Activity

ACTIVITIES	Fall Season	Winter Season	Spring Season
Year Round	(Aug. – Nov.)	(Nov. – Feb.)	(Feb. – May)
Choir	Cross Country (boys & girls)	Basketball (boys & girls)	Baseball
Dance	Football	Soccer (boys & girls)	Golf (boys)
Color Guard	Golf (girls)	Water Polo (girls)	Lacrosse (boys & girls)
	Marching Band	Wrestling	Sand Volleyball (girls)
	Tennis (girls)		Softball
Fall & Winter	Volleyball (girls)		Stunt Cheer
Spirit Cheer	Water Polo (boys)		Swimming (boys & girls)
			Tennis (boys)
			Track (boys & girls)
v. 6/14/21\			Volleyball (boys)

(rev. 6/14/21)

^{*}Any student who has transferred to NPHS in the 12 months prior to a season must contact the Athletic Director.*

Concussions

If your child is seen by a medical doctor for concussion-like symptoms for ANY reason (whether on campus or off campus, sports related or non-sports related), the CVUSD requires Return to Learn paperwork to be brought to the doctor's office, completed by the doctor, and returned to the school. Please go to https://nphsathletics.org/concussion-protocol/ to download the form, or pick up a copy in the NPHS Athletics Office before going to the doctor for initial evaluation and-all-subsequent-follow-ups.

https://nphsathletics.org is a great source of information for your athletics questions. Please click MORE on the banner along the top right of the site.

New Families: Other Frequently Used Pages for General Information: Info on NPHS Athletic Program (this page may answer many of your questions) NPHS Coach Contact List