

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Thu - 06/01/2023																
Sycamore Lunch ES	Total	100														
*Pizza, Domino's Ch & Pepp	1 Each	85	315	20	645	4.00	2.70	474.9	750	6.0	4	21.5	38.99	8.5	3.75	0.00
*Burrito, Bean & Ch.(Ele)*	Burrito	15	340	5	569	8.99	3.60	199.8	0	0.0	1	13.99	53.95	7.99	3.50	0.00
*Fruit, Fresh (.5 c serv)*	.5 Cups	75	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00
*Milk, 1%*	8 oz	25	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00
*Milk, Chocolate Non Fat*	8 oz	75	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00	0.00
*Condiment Variety@\$\$%^+*	serving	75	18	2	64	0.00	0.09	0.0	25	0.0	1	0.0	2.06	1.13	0.00	0.00
*Chip, Variety*	1 Each	90	135	0	160	1.81	0.23	8.0	40	0.48	2	2.03	21.91	4.36	0.21	0.00
Weighted Daily Average			609	26	976	7.79	3.24	767.2	1338	26.97	*29	31.20	91.51	13.97	4.31	*0.00
% of Calories											*18.8%	20.5%	60.1%	20.6%	6.4%	*0.0%
Nutrient Guideline			550-650		1230										<10.00	

Fri - 06/02/2023																
Sycamore Lunch ES	Total	100														
*Chicken, Popcorn	1 Each	85	230	20	350	3.00	2.00	33.0	0	0.0	1	14.0	14.0	13.0	2.50	0.00
*Potato, Simplot Tater Tot	1 Each	85	140	0	190	1.00	0.00	0.0	0	0.0	0	1.0	16.0	7.0	1.00	0.00
*Sandwich, Grilled Cheese CC*	Sandwich	15	314	38	674	1.49	1.88	68.5	4	0.0	*4	13.47	31.35	14.99	7.50	0.00
*Fruit, Fresh (.5 c serv)*	.5 Cups	75	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00
*Milk, 1%*	8 oz	30	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00
*Milk, Chocolate Non Fat*	8 oz	50	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00	0.00
*Milk, Non Fat*	8 oz	30	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00
*Condiment Variety@\$\$%^+*	serving	50	18	2	64	0.00	0.09	0.0	25	0.0	1	0.0	2.06	1.13	0.00	0.00
*Cookie, Dick & Jane Capitals	1 Each	90	130	0	95	1.00	1.80	0.0	0	0.0	8	2.0	22.0	4.0	1.00	0.00
Weighted Daily Average			646	30	834	5.93	3.78	397.2	709	21.83	*31	26.78	78.85	24.32	5.48	*0.00
% of Calories											*19.5%	16.6%	48.8%	33.9%	7.6%	*0.0%
Nutrient Guideline			550-650		1230										<10.00	

Mon - 06/05/2023																
Sycamore Lunch ES	Total	100														
*Pizza, Domino's Ch & Pepp	1 Each	85	315	20	645	4.00	2.70	474.9	750	6.0	4	21.5	38.99	8.5	3.75	0.00
*Sandwich, Turkey*	Sandwich	15	275	56	832	1.81	1.86	67.7	82	0.4	*3	24.66	32.93	5.67	2.05	0.00
*Fruit, Fresh (.5 c serv)*	.5 Cups	75	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00
*Milk, 1%*	8 oz	25	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00
*Milk, Chocolate Non Fat*	8 oz	75	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00	0.00
*Cookie, Choc Chip IW 1 Oz*	1 each	90	110	10	60	1.00	0.72	0.0	0	1.2	9	2.0	18.0	4.0	1.00	0.00

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Weighted Daily Average % of Calories			564	41	878	5.98	3.35	740.2	1295	27.68	*35 *24.9%	32.78 23.3%	83.29 59.1%	12.46 19.9%	4.80 7.7%	*0.00 *0.0%
Nutrient Guideline			550-650		1230											<10.00

Tue - 06/06/2023																
Sycamore Lunch ES	Total	100														
*Cheeseburger Twins*	1 Each	85	272	31	475	2.39	3.09	114.2	79	10.3	3	18.65	29.82	9.0	3.00	0.00
*Sandwich, Grilled Cheese CC*	Sandwich	15	314	38	674	1.49	1.88	68.5	4	0.0	*4	13.47	31.35	14.99	7.50	0.00
*Fruit, Fresh (.5 c serv)*	.5 Cups	75	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00
*Milk, 1%*	8 oz	25	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00
*Milk, Chocolate Non Fat*	8 oz	50	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00	0.00
*Condiment Variety@\$\$%^+*	serving	50	18	2	64	0.00	0.09	0.0	25	0.0	1	0.0	2.06	1.13	0.00	0.00
*Chip, Variety*	1 Each	75	135	0	160	1.81	0.23	8.0	40	0.48	2	2.03	21.91	4.36	0.21	0.00
Weighted Daily Average % of Calories			514	38	769	5.02	3.26	364.7	630	30.10	*23 *17.7%	26.40 20.5%	71.02 55.3%	14.52 25.4%	4.24 7.4%	*0.00 *0.0%
Nutrient Guideline			550-650		1230											<10.00

Wed - 06/07/2023																
Sycamore Lunch ES	Total	100														
*Hamburger, Ele*	Burger	85	300	37	479	2.00	3.48	60.6	1	9.0	3	22.14	30.41	10.18	0.00	0.00
*Burrito, Bean & Ch.(Ele)*	Burrito	15	340	5	569	8.99	3.60	199.8	0	0.0	1	13.99	53.95	7.99	3.50	0.00
*Fruit, Fresh (.5 c serv)*	.5 Cups	75	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00
*Milk, 1%*	8 oz	25	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00
*Milk, Chocolate Non Fat*	8 oz	75	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00	0.00
*Condiment Variety@\$\$%^+*	serving	20	18	2	64	0.00	0.09	0.0	25	0.0	1	0.0	2.06	1.13	0.00	0.00
*Cookie, Choc Chip IW 1 Oz*	1 each	90	110	10	60	1.00	0.72	0.0	0	1.2	9	2.0	18.0	4.0	1.00	0.00
Weighted Daily Average % of Calories			564	48	710	5.36	4.29	407.8	651	30.17	*34 *24.1%	31.73 22.5%	79.57 56.4%	14.46 23.1%	1.83 2.9%	*0.00 *0.0%
Nutrient Guideline			550-650		1230											<10.00

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Thu - 06/08/2023																
Sycamore Lunch ES	Total	100														
*Pizza, Domino's Ch & Pepp	1 Each	85	315	20	645	4.00	2.70	474.9	750	6.0	4	21.5	38.99	8.5	3.75	0.00
*Sandwich, PBJ (premade)*	Servings	15	300	0	280	4.00	1.44	260.0	0	0.0	14	9.0	32.0	17.0	3.00	0.00
*Fruit, Fresh (.5 c serv)*	.5 Cups	75	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00
*Milk, 1%*	8 oz	25	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00
*Milk, Chocolate Non Fat*	8 oz	75	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00	0.00
*Condiment Variety@\$\$^+*	serving	75	18	2	64	0.00	0.09	0.0	25	0.0	1	0.0	2.06	1.13	0.00	0.00
Weighted Daily Average			482	25	789	5.41	2.71	769.1	1302	26.54	*29	28.63	68.50	11.40	4.04	*0.00
% of Calories											*24.2%	23.8%	56.9%	21.3%	7.5%	*0.0%
Nutrient Guideline			550-650		1230										<10.00	

Fri - 06/09/2023																
Sycamore Lunch ES	Total	100														
*Double Dogs*	1 Each	85	260	30	449	2.00	5.00	132.0	55	0.0	3	15.0	31.5	8.0	2.00	0.00
*Sandwich, Grilled Cheese CC*	Sandwich	15	314	38	674	1.49	1.88	68.5	4	0.0	*4	13.47	31.35	14.99	7.50	0.00
*Fruit, Fresh (.5 c serv)*	.5 Cups	75	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00
*Milk, 1%*	8 oz	25	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00
*Milk, Chocolate Non Fat*	8 oz	75	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00	0.00
*Condiment Variety@\$\$^+*	serving	75	18	2	64	0.00	0.09	0.0	25	0.0	1	0.0	2.06	1.13	0.00	0.00
*Chip, Variety*	1 Each	100	135	0	160	1.81	0.23	8.0	40	0.48	2	2.03	21.91	4.36	0.21	0.00
Weighted Daily Average			572	39	841	5.15	4.96	456.9	752	21.92	*28	25.81	83.94	15.04	3.44	*0.00
% of Calories											*19.7%	18.0%	58.7%	23.7%	5.4%	*0.0%
Nutrient Guideline			550-650		1230										<10.00	

Mon - 06/12/2023																
Sycamore Lunch ES	Total	100														
*Pizza, Domino's Ch & Pepp	1 Each	85	315	20	645	4.00	2.70	474.9	750	6.0	4	21.5	38.99	8.5	3.75	0.00
*Burrito, Bean & Ch.(Ele)*	Burrito	15	340	5	569	8.99	3.60	199.8	0	0.0	1	13.99	53.95	7.99	3.50	0.00
*Fruit, Fresh (.5 c serv)*	.5 Cups	75	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00
*Milk, 1%*	8 oz	25	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00
*Milk, Chocolate Non Fat*	8 oz	75	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00	0.00
*Condiment Variety@\$\$^+*	serving	75	18	2	64	0.00	0.09	0.0	25	0.0	1	0.0	2.06	1.13	0.00	0.00
*Chip, Variety*	1 Each	90	135	0	160	1.81	0.23	8.0	40	0.48	2	2.03	21.91	4.36	0.21	0.00

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Weighted Daily Average % of Calories			609	26	976	7.79	3.24	767.2	1338	26.97	*29 *18.8%	31.20 20.5%	91.51 60.1%	13.97 20.6%	4.31 6.4%	*0.00 *0.0%
Nutrient Guideline			550-650		1230											<10.00

Tue - 06/13/2023																
Sycamore Lunch ES	Total	100														
*Chicken, Nuggets, ELE*	Serving (5 Ea)	85	160	20	270	2.00	1.80	0.0	100	0.0	0	14.0	10.0	7.0	1.50	0.00
*Sandwich, Grilled Cheese CC*	Sandwich	15	314	38	674	1.49	1.88	68.5	4	0.0	*4	13.47	31.35	14.99	7.50	0.00
*Fruit, Fresh (.5 c serv)*	.5 Cups	75	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00
*Milk, 1%*	8 oz	25	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00
*Milk, Chocolate Non Fat*	8 oz	50	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00	0.00
*Condiment Variety@\$\$^+*	serving	50	18	2	64	0.00	0.09	0.0	25	0.0	1	0.0	2.06	1.13	0.00	0.00
*Chip, Variety*	1 Each	75	135	0	160	1.81	0.23	8.0	40	0.48	2	2.03	21.91	4.36	0.21	0.00
Weighted Daily Average % of Calories			419	29	595	4.69	2.16	267.7	649	21.35	*20 *19.4%	22.45 21.4%	54.18 51.7%	12.82 27.5%	2.96 6.4%	*0.00 *0.0%
Nutrient Guideline			550-650		1230											<10.00

Wed - 06/14/2023																
Sycamore Lunch ES	Total	100														
*Nachos w/meat-POK*	servings	85	623	61	1246	7.42	4.34	105.9	364	4.3	1	22.54	55.59	35.16	8.47	*0.00
*Sandwich, PBJ (premade)*	Servings	15	300	0	280	4.00	1.44	260.0	0	0.0	14	9.0	32.0	17.0	3.00	0.00
*Fruit, Fresh (.5 c serv)*	.5 Cups	75	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00
*Milk, 1%*	8 oz	25	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00
*Milk, Chocolate Non Fat*	8 oz	75	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00	0.00
*Condiment Variety@\$\$^+*	serving	20	18	2	64	0.00	0.09	0.0	25	0.0	1	0.0	2.06	1.13	0.00	0.00
*Cookie, Choc Chip IW 1 Oz*	1 each	90	110	10	60	1.00	0.72	0.0	0	1.2	9	2.0	18.0	4.0	1.00	0.00
Weighted Daily Average % of Calories			833	68	1319	9.22	4.70	455.4	960	26.17	*35 *16.6%	31.32 15.0%	97.68 46.9%	37.05 40.0%	8.95 9.7%	*0.00 *0.0%
Nutrient Guideline			550-650		1230											<10.00

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Thu - 06/15/2023																
Sycamore Lunch ES	Total	100														
*Pizza, Domino's Ch & Pepp	1 Each	85	315	20	645	4.00	2.70	474.9	750	6.0	4	21.5	38.99	8.5	3.75	0.00
*Burrito, Bean & Ch.(Ele)*	Burrito	15	340	5	569	8.99	3.60	199.8	0	0.0	1	13.99	53.95	7.99	3.50	0.00
*Fruit, Fresh (.5 c serv)*	.5 Cups	75	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00
*Milk, 1%*	8 oz	25	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00
*Milk, Chocolate Non Fat*	8 oz	75	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00	0.00
*Condiment Variety@%*^+*	serving	75	18	2	64	0.00	0.09	0.0	25	0.0	1	0.0	2.06	1.13	0.00	0.00
*Cookie, Dick and Jane Pres.	1 Each	90	130	0	95	1.00	1.80	0.0	0	0.0	8	2.0	22.0	4.0	1.00	0.00
Weighted Daily Average			605	26	918	7.06	4.65	760.0	1302	26.54	*34	31.18	91.60	13.65	5.01	*0.00
% of Calories											*22.8%	20.6%	60.6%	20.3%	7.5%	*0.0%
Nutrient Guideline			550-650		1230										<10.00	

Fri - 06/16/2023																
Sycamore Lunch ES	Total	100														
*Hamburger, Ele*	Burger	85	300	37	479	2.00	3.48	60.6	1	9.0	3	22.14	30.41	10.18	0.00	0.00
*Sandwich, PBJ (premade)*	Servings	15	300	0	280	4.00	1.44	260.0	0	0.0	14	9.0	32.0	17.0	3.00	0.00
*Fruit, Fresh (.5 c serv)*	.5 Cups	50	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00
*Milk, 1%*	8 oz	30	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00
*Milk, Chocolate Non Fat*	8 oz	50	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00	0.00
*Milk, Non Fat*	8 oz	30	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00
*Condiment Variety@%*^+*	serving	50	18	2	64	0.00	0.09	0.0	25	0.0	1	0.0	2.06	1.13	0.00	0.00
*Chip, Variety*	1 Each	75	135	0	160	1.81	0.23	8.0	40	0.48	2	2.03	21.91	4.36	0.21	0.00
Weighted Daily Average			557	39	757	4.60	3.47	450.7	690	23.34	*27	31.73	72.92	15.89	1.08	*0.00
% of Calories											*19.5%	22.8%	52.4%	25.7%	1.7%	*0.0%
Nutrient Guideline			550-650		1230										<10.00	

Weighted Average			581	36	863	6.17	3.65	550.4	968	25.80	*30	29.27	80.38	16.63	4.20	*0.00
											*45.8%	20.1%	55.3%	25.8%	6.5%	*0.0%

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 \* - denotes combined nutrient totals with either missing or incomplete nutrient data  
<sup>1</sup> - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

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Nutrient	Menu AVG	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
		% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)									
Calories	581		550 - 650	100%													
Cholesterol (mg)	36																
Sodium (mg)	863		1230														
Fiber (g)	6.17																
Iron (mg)	3.65																
Calcium (mg)	550.4																
Vitamin A (IU)	968																
Sugars (g)	30	20.33%			Missing												
Vitamin C (mg)	25.80																
Protein (g)	29.27	20.15%															
Carbohydrate (g)	80.38	55.33%															
Total Fat (g)	16.63	25.75%															
Saturated Fat (g)	4.20	6.51%	<10.00%														
Trans Fat <sup>1</sup> (g)	0.00	0.00%			Missing												

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

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